

March 2020

The Ashland City Gazette

The Senior Center at Ashland City 104 Ruth Drive, Ashland City TN. 37015 615-792-3629



Celebrating March



Daylight Savings Time starts

March 8

Director's Notes

This month will bring Spring and hopefully all of the Winter blah's and illness will leave.

We have had our share of it at the center this year. Please respect others and if you are sick, stay home and do not bring illness to the center. As we age our immune system is weakened and illness such as flu and colds can become life threatening. Remember: Don't Spread Stay Home Instead

Travel

Amelia Island

Those going to Amelia Island we will be leaving on March 29th from Tractor Supply at 8:00am. You will need 1 overnight bag packed as well as your bag for the week. Itineraries' are now available for pick up at the center.

Patti's Settlement

March 18th the bus will leave Tractor Supply for Patti's at 8:00 am.

Music City Hayride Concert

The center will be going to the Music City Hayride. April 14th, Lunch will be at the Santa Fe Steakhouse and then we will go to the Troubadour Theatre for a 2-hour Concert. We have been to several of these shows and they always prove to be enjoyable. The cost is all inclusive \$35 each. All monies are due within 3 days of signing up or you will be moved to a waiting list. Remember: We give members the opportunity to sign up before we can open our seats to guest.

Painting with Nancy

Nancy is having back surgery and will not be teaching this month. We wish her well and a speedy recovery. Please keep her in your prayers.

Spring Wreath Class w/ Joyce

Joyce is back and will be teaching a Spring wreath class on Tuesday the 3rd. the class will be at 1:00.

Greeting Cards w/ Kathy

Kathy will teach a greeting card class on Monday the 16th at 9:00.

For more information or to sign up for a class contact Kathy at 615-792-3629 or visit her at the center.

Lost and Found



A Christmas gift was found at the center. If you lost one back during the holidays 'please call the center and ask for Melissa.
615-792-3629

Lost Earrings



One is silver one is gold.

BINGO and BINGOCIZE

With new restrictions put forth by the State of Tennessee, we are making changes to our programming. Starting in March watch your calendar for these changes. Bingo will be held by sponsored partners, and Bingocize is moving to Wednesday and Fridays at 9:00.

Lunch provided by FCE

The FCE ladies will host their annual luncheon on Friday March 20th. This year they will serve Taco Salad. If you plan to attend you must make a reservation by calling Kathy



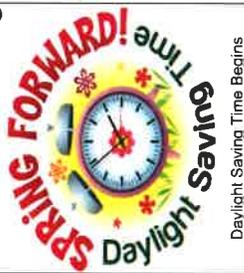
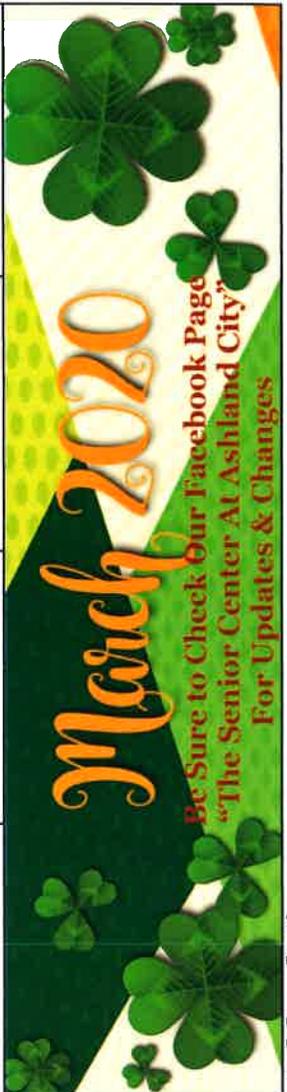
Needs of the Center

Coffee
Coffee Creamer
Sugar

Paper Towels
Clorox Wipes
Pledge
Clorox Clean up
Dawn Dishwashing liquid

We appreciate all donations



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	Loomers 10:00 Bridge 10:00 Yoga 1:30 Diabetes Support Group 4:00 Veterans Meeting 6:30	Texas Holdem 8:00 S.A.I.L. 9:00 Harmonica Grp 10:00 Devotional & Grief Support 10:00 Wings of Hope 1:00 Spring Wreath Class 1:00	Quilters 8:00 Bingocize 9:00 Loomers 10:00 Hand & Foot & Tripoley 1:00 Dancercize 2:00 Tai Chi 3:00	Texas Holdem 8:00 S.A.I.L. 9:00 Spanish 9:30 Sew & Sews 10:30 Cranium Crunch 10:15 Yoga 1:30	Bingocize 9:00 Loomers 10:00 Hand & Foot & Tripoley 1:00 Dance 7:00 - Larry Sullivan & Wild Country	7
8 	FCE 9:00 Loomers 10:00 Yoga 1:30 Quilling 1:00	Tropicana 7:30 Texas Holdem 8:00 Foot Care w/Traci 8:15 S.A.I.L. 9:00 Harmonica Grp 10:00	Quilters 8:00 Hand & Foot & Bingo w/The Waters of Cheatham Tripoley 1:00 Dancercize 2:00 Tai Chi 3:00	Texas Holdem 8:00 S.A.I.L. 9:00 Spanish 9:30 Sew & Sews 10:30 Cranium Crunch 10:15 Yoga 1:30	Bingocize 9:00 Loomers 10:00 Hand & Foot & Tripoley 1:00 Dance 7:00 - Perry Bolin & Loaded Dogs	14
15	Greeting Cards w/Kathy 9:00 Loomers 10:00 Yoga 1:30	Texas Holdem 8:00 S.A.I.L. 9:00 Harmonica Grp 10:00 Devotional & Grief Support 10:00 Avoid Scams 11:45 	Pattie's 1880 Settlement Trip Quilters 8:00 Bingocize 9:00 Loomers 10:00 Hand & Foot & Tripoley 1:00 Dancercize 2:00 Tai Chi 3:00	Texas Holdem 8:00 S.A.I.L. 9:00 Spanish 9:30 Vision Services 11:45 Sew & Sews 10:30 Cranium Crunch 10:15 Yoga 1:30 	Bingocize 9:00 Loomers 10:00 Lunch by FCE 11:30 Hand & Foot & Tripoley 1:00 Dance 7:00 - Kevin Dobson & Rough Country	21
22	Loomers 10:00 Yoga 1:30	Texas Holdem 8:00 S.A.I.L. 9:00 Harmonica Grp 10:00	Quilters 8:00 Bingocize 9:00 Loomers 10:00 Hand & Foot & Tripoley 1:00 Dancercize 2:00 Tai Chi 3:00	Texas Holdem 8:00 S.A.I.L. 9:00 Spanish 9:30 Sew & Sews 10:30 Cranium Crunch 10:15 Yoga 1:30	Bingocize 9:00 Loomers 10:00 Hand & Foot & Tripoley 1:00 Dance 7:00 - Fred Winston & Stable Boys	28
29	Chair Volleyball 9:00 Loomers 10:00 Yoga 1:30	Texas Holdem 8:00 S.A.I.L. 9:00 Harmonica Grp 10:00 Cumberland Valley FCE 6:00				
30						
31						
						

March Birthdays

Audrey Stuart	1
Carolyn Baker	2
Dolly Creasy	3
Shelby Knox	3
Linda S. Mills	4
Patsy Perry	4
Judy Richell	5
Jane Dilworth	6
Johnnie Louallen	6
Maude Jones	7
Marie Anglin	8
Alwilda Binkley	8
Dreama Davidson	9
Sammie Dozier	9
Myrtle Yant	9
Joe Moore	10
Tommy Womack	10
Gilbert Denney	11
Bill Solomon	11
Louise Swint	11
Brian Tuesca	11
Chuck Cunningham	12
Bobbi Bennett	12
Roy Hackett	12
Jim Vaden	12
Raymond Staggs	13
Helen Ellis	14
Linda L. Foster	14
Tracy Reeves	14
Frances Shelton	14
Larry Snyder	15
Jean Blick	16
Jean Cagle	16
Ann Dickerson	16
Pam McCoy	16
Charlene Harris	17
Mike Albert	18
Thomas Carney	18
Sandra Gifford	18
Elena Rosen	21
Cindy Alexander	22
Eileen O'Brien	22
Peggy Perry	22
Arnold Simpkins	22
Sarah Andrews	23
Nancy Hart	23
Keith Stephens	23
Gracie Temple	24
Shirley Gill	25
George Swan	25
Barbara Hickerson	26

Don Nicholson	26
Joyce Williams	26
Howard Yates	26
Virginia Hudgens	27
Helen Shivers	27
Betty Goss	28
Shelley Jones	28
Leon Newman	28
Kevin Whitman	29
Bill Brake	30
Hazel Whitman	31

If you are a Senior Center member and have a birthday this month that is not listed, please contact us.

