The Ashland Gazette

The Senior Center at Ashland City ,104 Ruth Drive, Ashland City TN. 37015 615-792-3629

Celebrating January

Get Organized Month

Skating Month

Polka Music Month

Happy New Year!
January 1

Bird Day
January 5

Static Electricity Day
January 9

International Kite Day
January 14

Martin Luther King Jr. Day
January 20

Compliment Day
January 24

Inspire Your Heart with Art Day
January 31

Director's Notes

As we approach a new year, I would like to say what a pleasure it was to serve our members in 2019. The center continues to grow at a rapid pace. In 2019 we hit the 1500 mark. If it has been a while since you updated your information with the center, please contact a staff member to make sure your information is current.
The next few months can bring wintry weather, and make it too cold to be outside. Come join us at the center for fun and enjoyment inside.

Travel

St. Augustine Trip – Final payments are due for this trip no later than January 20th.

The Grand Canyon Trip – There are 4 seats left for the Grand Canyon Trip. For more information, please call or visit the senior center.

We are currently working on day trips for 2020, if you have any ideas please let us know.

We are planning a trip to Ms. Patti's Settlement for the Spring. We will have more details next month.

The center will be closed for Holidays
January 1
January 20th

Crafts and More

Greeting Cards w/Kathy $5.00
13th @ 9:00

Valentine Wreath Class w/ Joyce
$30.00
Must sign up and pay in advance
14th @1:00

Quilling w/ Joyce
27th @ 1:00

Painting w/ Nancy

6th and 27th @ 9:00

"Pastor Rick"

9th

11:00

How to Stay Safe in Your Home

Asera Care

14th

10:15

Updating for the New Year

SNOW!!!

During inclement weather for senior center closures or event cancellations, tune in to Channel 4 for the Snowbird Report. Remember to watch for the Senior Center at Ashland City.

We are not always closed when the schools are.

If the Cheatham County Schools are closed there is no Breakfast or Lunch

From the Staff at the Senior Center

Melissa, Kathy, Roy, and Alicia

January 2020

Check Our Facebook Page "The Senior Center At Ashland City" for Current Updates

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 **Center Closed** 	2 Texas Holdem 8:00 Blood Pressure & Sugar Check 8:30 S.A.I.L 9:00 Spanish 9:30 Sew & Sews 10:30 Cranium Crunch 10:15 Yoga 1:30	3 Loomers 10:00 Bingocize 10:00 Hand & Foot & Tripoley 1:00 Dance 7:00 – Larry Sullivan & Wild Country	4
5	6 Painting w/ Nancy 9:00 Greeting Card Class 9:00 Bridge 10:00 Loomers 10:00 Yoga 1:30 Diabetes Support Group 4:00 Veterans Meeting 6:30	7 Texas Holdem 8:00 S.A.I.L. 9:00 Harmonica Grp 10:00 LIHEAP 10:15 Grief Support :00 Wings of Hope 1:00	8 Quilters 8:00 Loomers 10:00 Bingo 12:00 Hand & Foot & Tripoley 1:00 Dancercize 2:00 Tai Chi 3:00	9 Texas Holdem 8:00 S.A.I.L 9:00 Spanish 9:30 Sew & Sews 10:30 Cranium Crunch 10:15 How to stay safe inside and out of your home - 11:00 Yoga 1:30	10 Loomers 10:00 Bingocize 10:00 Hand & Foot & Tripoley 1:00 Dance 7:00 – Perry Bolin & Loaded Dogs	11
12	13 Greeting cards with Kathy 9:00 Loomers 10:00 Yoga 1:30	14 Texas Holdem 8:00 S.A.I.L. 9:00 Valentine Wreath w/Joyce 1:00 Harmonica Group 10:00 AseraCare 10:15	15 Quilters 8:00 Loomers 10:00 Bingo 12:00 Hand & Foot & Tripoley 1:00 Dancercize 2:00 Tai Chi 3:00	16 Texas Holdem 8:00 Blood Pressure & Sugar Check 8:30 S.A.I.L 9:00 Spanish 9:30 Sew & Sews 10:30 Cranium Crunch 10:15 Yoga 1:30	17 Loomers 10:00 Bingocize 10:00 Hand & Foot & Tripoley 1:00 Dance 7:00 – Kevin Dobson & Rough Country	18
19 Activity Professionals Week	20 **Center Closed** 	21 Texas Holdem 8:00 S.A.I.L. 9:00 Harmonica 10:00 Greif Support 1:00	22 Quilters 8:00 Loomers 10:00 Bingo 12:00 Hand & Foot & Tripoley 1:00 Dancercize 2:00 Tai Chi 3:00	23 Texas Holdem 8:00 S.A.I.L 9:00 Spanish 9:30 Sew & Sews 10:30 Cranium Crunch 10:15 Yoga 1:30	24 Loomers 10:00 Bingocize 10:00 Hand & Foot & Tripoley 1:00 Dance 7:00 – Fred Winston & The Stable Boys	 Chinese New Year
26	27 Loomers 10:00 Quilling w/ Joyce 1:00 Yoga 1:30 Australia Day (observed)	28 Texas Holdem 8:00 S.A.I.L. 9:00 Harmonica Group 10:00	29 Quilters 8:00 Loomers 10:00 Bingo 12:00 Hand & Foot & Tripoley 1:00 Dancercize 2:00 Tai Chi 3:00	30 Texas Holdem 8:00 S.A.I.L 9:00 Spanish 9:30 Sew & Sews 10:30 Cranium Crunch 10:15 Yoga 1:30	31 Loomers 10:00 Bingocize 10:00 Hand & Foot & Tripoley 1:00 Dance 7:00 – Billy Tarkington	

January Birthdays

Terri Bedwell	1
Linda Cramer	1
Hilda Hall	1
Peggy Hitchcock	1
Perry Tilghman	1
Judy Gilmore	2
Tommy Jones	2
Brenda Simpkins	2
Gene DeLoach	3
James Sanford	3
Theresa Shafer	4
Iantha Wade	5
Doris Bryant	6
Walt Cunningham	6
Connie Lambert	6
Mary MacRae	6
Mary Sneed	6
Judith Johnson	6
Christine Beard	7
Tami Hammock	7
Mai Stevens	7
Joann Mayo	8
Darla McCool	8
Sharon Stewart	8
Carol Sanford	10
Terri Rader	12
Willerdean Smith	12
Tom Waters	12
Linda Wheatley	12
Oscar Peters	13
Don Pitt	13
Peggy Edison	13
Richard Miller	15
Sandra Ray	15
Carol Carson	16
Willie Mitchell	16
Beverly Smith	16
Jane McKee	17
Pat Pemberton	17
Jerry Collins	18
James Cripps	19
Kathy Nicholson	19
Jonnye Pulley	19
Mable Gill	20
Paquita Balderson	20
Marian Fordyce	20
Martha Allen	21
Kim Isom	21
Trudy Thrasher	21
L.C. York	21
Deloris Allen	22
Marie Boyd	22
Jennifer King	22
Martha Perry	22
Jean Cannon	23
Sandra Cripps	23
Colleen Dulberg	23
Haskell Murray	23
Beverly Albert	24
Shirley Arrington	25
Mary Barrons	25
John Batts	25
Juanita Evans	25
Ruth McGee	25
Teresa Morris	26
Patricia Smith	26
Nancy Stephenson	26
Glenna Barrow	27
Christine Story	27
Melba Blue	28
Betty Harris	28
Shey Jones	28
Angela Bell	30
Debra Cannon	30