

February 2021

The Ashland City Gazette

The Senior Center at Ashland City, 104 Ruth Drive, Ashland City, TN. 37015 615-792-3629

GO RED FOR WOMEN
American Heart Association

Friday February 5th

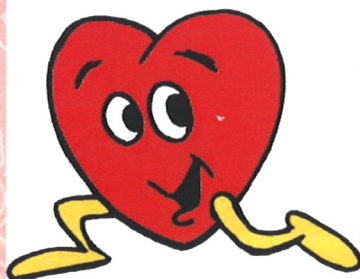
Put on your favorite Red
Outfit and support
Women's Heart Health

Take a picture of you in red
and send it to us via Facebook
or by email to
rdye@ashlandcitytn.gov

Enter to Win!
We will put all entries in a pot
and draw on Monday
February 8th.

Deadline for entries is
10:00am
February 8.

Healthy Heart



Healthy You

Light at The End of The Tunnel

As we move into February things are becoming more positive. The stores are starting to have more supplies in stock and we now have a vaccine for Covid -19.

In the Newsletter we have given information how to schedule a time for a vaccine. As of now this is the only information we have received. As we are more informed, we will share the information. With a vaccine in place, we hope to see a decline in cases, and look forward to the day we do not have any.

As we were reviewing and updating our records several names were found that have no membership on record. Please check the list included in the newsletter for your name. We do not want to leave you out.

We have purchased new equipment to use for registering our seniors. Please read the insert about My Senior Center in the newsletter. This will be a great asset to our recording system.

We are open Monday through Friday 8:00 – 4:00. All exercise classes (Yoga, SAIL, Dancercise, Tai Chi, and Bingocize) will resume starting Tuesday, February 16.

TRAVEL

Due to the unsettledness of the timeline for vaccines, and after extensive investigation of the areas the trip, it is in our best interest to cancel the Grand Canyon Trip.

As soon as money is returned to the center, we will be mailing reimbursement checks to all.

I am sorry that this trip did not work out for us, but, I had rather us be safe and re-schedule when emergency restrictions are lifted.

Travel will resume when the emergency restrictions are lifted.

Painting Class with Nancy

Join Nancy Reeves for painting class on Monday, February 1st from 8:30 a.m. – 4:00 p.m. Pre-drawn canvas and painting supplies are furnished. Shown are some of the paintings that are available. She has other designs available this month as well. If you are interested, please contact Nancy by January 28th to register. Reach her by text message at 615-294-2578 or email her at reeves.nancy@gmail.com



Be sure to join us on February 9th at 1:00 p.m. for Deal or No Deal. This is sure to be a fun time of fellowship and a chance to try out your gaming skills. Call Kathy at 615-792-3629 to sign up.

Games....Prizes....Refreshments



Greeting Card Class with Kathy

Kathy will be doing a greeting card class on February 22nd at 9:00 a.m. Participants will do an Easter card, a get-well card, and a birthday card. The cost is \$5.00 per person. If you would enjoy making these beautiful cards, please call her at 615-792-3629 to reserve your spot.

COVID-19 Vaccination Priority List Hotline

If you are in the current phase population and would like to place your name on the Priority List to receive the vaccine as soon as the vaccine becomes available, please call:

866-442-5301

or visit

<https://www.tn.gov/content/tn/health/cedep/ncov/covid-19-vaccine-information/getting-a-covid-19-vaccine-information.html>

By placing your name on the Priority List, you will receive appointment information as soon as the vaccine becomes available. Appointments will not be made for anyone who does not meet current phase criteria.



New information concerning the COVID-19 Vaccination Priority List Hotline is below. Cheatham County is currently in Phase 1a1, 1a2, and those 75 years and older. For explanation of phases, please visit:

<https://www.tn.gov/content/tn/health/cedep/ncov/covid-19-vaccine-information/getting-a-covid-19-vaccine-information.html>



Exercise Classes are Back!

We will resume all exercise classes on Tuesday, February 16th. Please call the center at 615-792-3629 to reserve your spot.



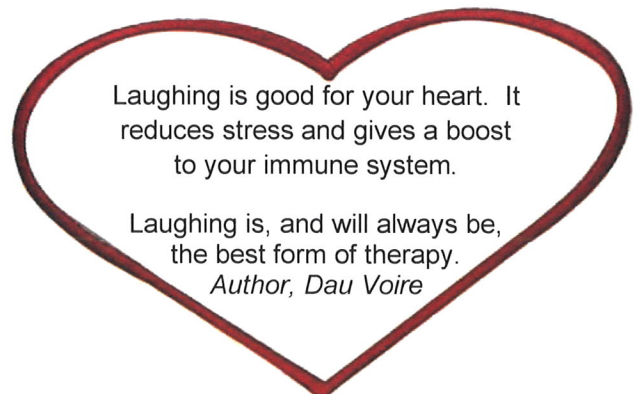
MID CUMBERLAND
Public Transit

Mid Cumberland Transportation Service to the Senior Center is available.

Call the center at 615-792-3629 to set up a ride.



**We care about you.
So, stay safe and healthy!**



Laughing is good for your heart. It reduces stress and gives a boost to your immune system.

Laughing is, and will always be, the best form of therapy.
Author, Dau Voire

The Senior Center at Ashland City to Install Automated Check-In System in March 2021.

A new, automated check-in system called MySeniorCenter will soon be installed in the foyer at our center. It's specifically designed to help our staff members manage the various sign-ups and sign-ins, and improve the way we report our services to GNRC.

Moreover, by quickly and accurately detailing which services we're providing, the system will increase our chances of receiving additional funding in the future. Today MySeniorCenter is being used by over 1200 senior centers across the U.S. and Canada—so it's a proven tool.

A Change for the Better

The new system is extremely easy to use. Here's how it works:

1. All visitors and volunteers will receive a small keytag. (The card contains no personal information, but it will allow the new system to recognize you.)
2. Instead of signing into our book, you'll swipe your keytag at the scanner, or you can enter your name on the touchscreen (see below).
3. Press the touchscreen to select the programs you'll be participating in that day. Programs will be specific to our center.
4. Press FINISH.

It is that easy!



A Smooth Transition

Even though MySeniorCenter is designed to be user-friendly, our staff members and volunteers will be available in the foyer to help people operate the new check-in system. We want to make the transition as seamless as possible for everyone.

To reiterate, once MySeniorCenter is running smoothly, our registration process will be more efficient and we'll stand a better chance of receiving funding for future activities.


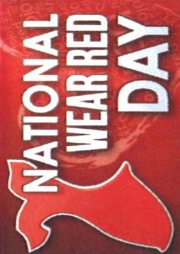






MySeniorCenter will be installed during February and we will begin the new check-in process in March.

We appreciate your patience as we begin this new check-in system and look forward to seeing you!

The Staff at the Senior Center at Ashland City

Following listed individuals need to complete a new application no later than 1 April 2021 or we will have to delete membership.

Alexander, Shelly
Allen, Marjorie
Anderson, Sue
Barnes, Clare
Bell, Regina
Biggs, Sherry
Burke, Donald
Burke, Nancy
Castleberry, Greta
Cook, Alan
Crosby, Evelyn
Darden, Ann
Gilbert, Betty J.
Griggs, Lib
Gupton, Paul R.
Harris, William D.
Huff, Darlene
Jackson, Elaine
Judd, Christine
Kerley, Gary
King Patricia
Knox, Shelby
Lewis, James A.
Lewis, Jean
Lowery, Dale
May, Kay
Morris, Vickie
Musslewhite, Jan
Neblett, Harold
Nunally, Barbara
Oliver, Susan
Peiffer, James
Potter, Edith
Potts, Daisy
Pratt, Mary
Proctor, Beverly
Rawls, Martha
Riddle, Betty
Sanders, Robert
Smith, Naomi
Speakman, Kay
Wahlers, Kathy
Weber, Mary A.
Wilcox, Charles

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Painting w/Nancy 8:30-4:00	2 Texas Holdem 8:30 Happy Groundhog Day!  Groundhog Day	3	4 Texas Holdem 8:30	5 Wear Red Day 	6
7	8 FCE Meeting 9:00 	9 Texas Holdem 8:30 Deal or No Deal Game 1:00 	10	11 Texas Holdem 8:30	12	13
14  Valentine's Day	15 Center Closed  Presidents' Day	16 Texas Holdem 8:30 S.A.I.L. 9:00  Mardi Gras	17 Bingocize 12:00 Dancercize 1:00 Tai Chi 2:00  Ash Wednesday	18 Texas Holdem 8:30 S.A.I.L. 9:00 Yoga 1:00	19 Bingocize 10:00 Chinese New Year (Year of the Ox)	20
21	22 Greeting Cards w/Kathy 9:00 Yoga 1:00	23 Texas Holdem 8:30 S.A.I.L. 9:00	24 Bingocize 12:00 Dancercize 1:00 Tai Chi 2:00	25 Texas Holdem 8:30 S.A.I.L. 9:00 Yoga 1:00 Purim Begins	26 Bingocize 10:00	27
28						

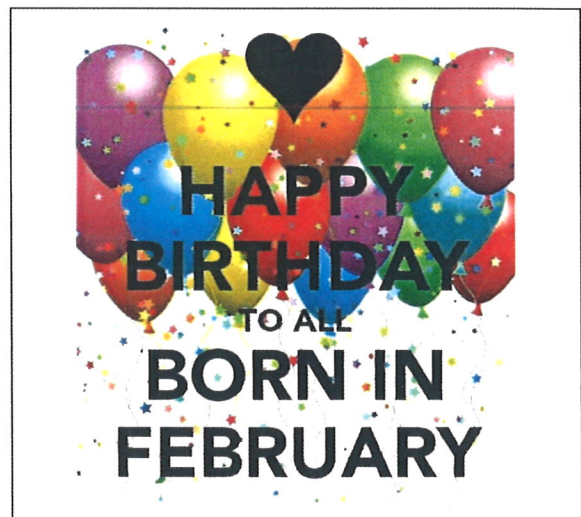
February 2021

Be sure to check our Website and Facebook Page for changes and updates:
 Website: AshlandCityTN.Gov/Senior Facebook: The Senior Center @ Ashland City

FEBRUARY BIRTHDAYS

Mattie Hudgens	1
Mike Glasgow	2
Richard Dittman	3
Eddie Kerr	3
Linda Lee	3
Amelia Wrye	4
Linda Johnson	5
Steve Temple	5
Donna Waggoner	5
Brenda Wisner	5
Ann Darden	6
Sandra Davenport	6
Brenda Jerik	6
Becky Jones	6
Myrtle Morgan	6
Pam Jones	7
Glenda Shearon	7
Cathy Tramell	7
Daisy Potts	8
Alice Bedwell	9
Mike Childress	10
Joan Fussell-Cantrell	10
Diane Meadows	10
Brenda Presson	10
Monte Binkley	11
Jane Bradley	12
Helen Hall	12
Franklin Bryant	13
Betty Ridder	13
Diane Skelton	13
Susan Smith	13
Becky Meredith	14
Peggy Osborne	14
James Smith	14
Cindy DeMott	15
April Esquivel	15
Linda Groves	15
Bobbie Sue Hunter	15
Vickie Richardson	15
Patsy Smiley	15
Mallarie Drake	16
Jean Wright	16
Linda Carney	17
Brenda Lancaster	17
Harriett Van Pelt	17
Ada Walker	17
Jane Crisp	18
Laura Yarnes	18
Betty Broz	19

Ronald Campbell	19
Brenda Pursley	19
Shelley Alexander	20
Minnie Baker	20
Minnie Cauthen	20
Sandy Noe	20
Beverly Stevens	20
Jerry (Buster) Biggs	21
Mary Johnson	21
Tammy Rich	21
William Davis	22
Danny Hollingsworth	22
Martha Thurman	22
Linda Konkol	23
Deborah Nalls	23
Bob Nunley	23
Ann Binkley	24
Deanne Troxel	24
Mary Balthrop	25
Stephanie Casey	25
Maria Elliott	26
Barbara Hollingsworth	26
Candace Holmes	27
Brookie Tribo	29





Tax Preparation by Barbara Nash

If you are a member and need assistance with your 2020 taxes, Barbara Nash is kindly offering her services during the month of February only. You can drop off your tax information by the Senior Center for her to pick up. When done, Barbara will bring it back to the center for your signature and you can pick up your copy.

Be sure that your information is in a secured envelope. Along with your tax documents, you will need to include your telephone number, social security number, and date of birth.

New information is needed for 2020 taxes.

If you received stimulus money, please indicate so and how much. If you did not, please indicate that as well. Also, a small deduction for donations made to charitable organizations is allowed even if you do not itemize. Include this documentation as well.

This service is for short form tax preparation only.

Call the center at 615-792-3629 if you have questions.